

More information on the full support and services we provide is on:  
[www.ukinportugal.fco.gov.uk](http://www.ukinportugal.fco.gov.uk)  
 (go to the 'Help for British Nationals' section)

We cannot arrange preferential treatment in hospitals or prisons, give legal advice or pay any of your bills.

- > Emergency passports and information about money transfers
- > Support if you have been a victim of crime, hospitalised or arrested
- > Special arrangements in crises e.g. acts of terrorism, civil disturbances or natural disasters
- > Details of local doctors, lawyers, interpreters and funeral directors
- > Facilities to contact your family or friends

## British Consulate Support

British Consulates overseas can provide you, a British national, with:

Emergency passports and information about money transfers

Support if you have been a victim of crime, hospitalised or arrested

Special arrangements in crises e.g. acts of terrorism, civil disturbances or natural disasters

Details of local doctors, lawyers, interpreters and funeral directors

Facilities to contact your family or friends

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## Emergency Numbers

- > Ring 112 for emergency services
- > Do you speak English? = *Fala ingles?*
- > Firemen = *Bombeiros*
- > Fire! = *Fogo!*
- > Police = *Policia*
- > Ambulance = *Ambulancia*
- > Help! = *Socorro!*

## Essential Words

## Travel Tips

- > Follow our travel advice for Portugal: [www.fco.gov.uk/travel](http://www.fco.gov.uk/travel)
- > t: +44 (0) 845 850 2829
- > Apply for a free European Health Insurance Card to be able to access emergency medical treatment: [www.ehic.org.uk](http://www.ehic.org.uk)
- > t: 0845 606 2030 (UK)
- > t: +44 (0) 191 218 1999 (overseas)
- > Buy travel insurance to help cover unexpected costs e.g. medical bills, stolen belongings etc.
- > Take enough medication and money to cover any unforeseen extended stays or emergencies. Don't keep all money & credit cards together
- > Keep a photocopy of your passport somewhere safe and send a scanned version of your passport to your email account
- > Drink sensibly, take care driving and let people know if you plan to go off the beaten track

## British Consulates in Portugal

We have Consulates in Lisbon and Portimao but we will provide support to you wherever you are in Portugal.

For the visiting hours, addresses and contact details (including what to do out of office hours) of the Consulates, please visit our website:

[www.ukinportugal.fco.gov.uk](http://www.ukinportugal.fco.gov.uk)  
 (go to the 'About us' section).

[www.fco.gov.uk](http://www.fco.gov.uk)

## Advice for British Visitors to Portugal



[www.fco.gov.uk](http://www.fco.gov.uk)

Name

Passport Number

Details of someone to contact in an emergency

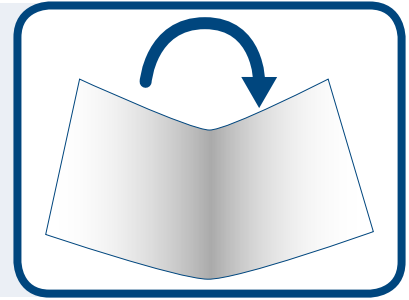
  
  
  
  
  


(Don't forget to complete this section on the back page of your passport)

# Consular leaflet folding instructions

## Step 1

Print the leaflet and fold in half (with the blank side folded inwards)



## Step 2

All the text should be on the outside, showing 3 panels on each side



## Step 3

On the white page, you will see two blue lines (splitting the text into 3 panels)



## Step 4

Fold the right hand panel inwards along the blue line so you have the brown section facing you



## Step 5

Fold the left hand panel inwards along the other blue line and over the top of the brown section



## Finish

Once complete, the leaflet should show the flag at the front and the blue panel at the back

